



Venice-Abbot Kinney Memorial Library
Enrich. Educate. Empower.

All programs are subject to change. For updates see:
<http://www.lapl.org/branches/venice>.



OCTOBER 2015

ADULT PROGRAMS

Seated Breath Meditation (Naam Yoga), Mondays 10:15am

Gentle yet deeply healing class. The focus is on breath, mudras (hand-seals) & simple seated movements to promote balance and rhythm in the emotions, in our thoughts and in our physical bodies. (The majority of the class is seated)

Adult Yoga, Wednesdays 12:30 pm –note no CLASS Oct. 7

Bring a mat and get ready to breathe! All levels welcome.

Pilates, Fridays 11:30am

Work out your core muscles and stretch away stress.

English Conversation Class, Wednesdays 6:00-7:30pm

This free class is for anyone who wants to improve his or her spoken English. Improve your pronunciation, increase your comprehension, expand your vocabulary, and make new friends.

Mindful Meditation, Tuesday, October 6, 7:00pm

Want to reduce stress and improve your well-being? Henry Schipper, a UCLA graduate of Mindfulness Meditation, will refresh your senses.

Mystery Book Club, Thursday, October 15, 6:30pm

Join us for a discussion of *Murder on Bamboo Lane* By Naomi Hirahara. Copies available at circulation desk.

Peace Corps Information Workshop

Saturday, October 17, 10:30-12:00pm

Event will include photos highlighting the work of a volunteer, tips on the application, and a Q&A session. Learn about Peace Corps' graduate programs, career advantages, and how you can make a difference.

Sound Healing Saturday, October 17, 4:00-5:00pm

A Sound Healing Journey and Meditation is an improvised sound presentation of Tibetan Singing bowls and harmonic style vocals.

Fiction/Non-fiction Book Club

Tuesday, October 20 6:30pm

Join us for a discussion of *My Struggle* By Karl Ove Knausgaard. Copies available at the Circulation Desk.

Medicare Workshop

Thursday, October 22, 6:00pm

Attend our FREE Medicare 101 with our local Medicare expert, Samuel Schwartz. Our complimentary program will get you the answers you need to make an educated decision about Medicare! Bring any and all questions!

OIC Computer Training Center Program for Low Income Families

Thursday, October 29 12:00pm-3:00pm

Attend computer boot camp and qualify for a CORE 2 Desktop & Flat Screen Monitor for \$149 plus tax. Must provide proof of low-income status.

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KIDS' CORNER

BABY AND TODDLER STORYTIME

Wednesdays @ 10:30 am

Nurture a love of reading and the library with stories, songs and playtime. Babies-3 years.

STEAM SCIENCE SATURDAYS: CODING WITH CUPS

Saturday, October 3 @ 10:30 am

Build a sculpture of cups using simple code and your imagination. Grades K-5.

TAIL WAGGIN' TUTORS

Monday, October 5 and 26 @ 3:00 pm

Improve your reading! Come take a turn reading your favorite book to Argo, the therapy dog.

CAPTAIN UNDERPANTS BOOK PARTY

Thursday, October 8 @ 4:00 pm

Celebrate everyone's favorite series with underpants activities, potty games, and snacks! All ages.

OPERATION FLOWER POWER PLANTING CRAFT

Wednesday, October 14 @ 4:00 pm

Come make a seed bomb with volunteers from the Venice Neighborhood Council. All ages.

PAJAMA STORYTIME

Monday, October 19 @ 7:00 pm

Come hear stories and sing songs in your PJs with your favorite stuffed animal. All ages.

HALLOWEEN MAGIC SHOW

Thursday, October 29 @ 6:30 pm

Prepare to be amazed by the magic of Tony Daniels! All ages.

FAMILY ACTIVITIES

Sugar Skull Decoration

Wednesday, October 28, 4:00pm

Decorate sugar skulls in honor of

Dia de los Muertos

3rd grade and up. All supplies will be provided

Halloween Facepaint

Saturday, October 31 3-5:00pm

Get ready for Halloween with wild, beautiful or ghoulish face paint. Choose a favorite design!

Free



Mondays 3:30-5 Thursdays 4-5
 Tuesdays 3:30-5:30 Fridays 10:30-12 and 3-5
 Wednesdays 3:30-5:30 Saturdays 10:30-12

Our readers present the fun of storytelling and reading to children one-on-one or in small groups.

Kids earn a free book after three visits.
 Check our website for scheduling updates:
<http://www.lapl.org/branches/venice>



Like us on Facebook
 Venice Branch Library



Items can be renewed online
or by phone (888)577-5275

OCTOBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 2px solid black; padding: 5px;"> <p>Venice-Abbot Kinney Memorial Library Hours 501 S. Venice Boulevard Venice, CA 90291 310.821.1769 venice@lapl.org</p> <p>Hours Mon and Weds 10-8 Tues and Thurs 12:00-8 Fri and Sat 9:30-5:30 Sunday closed</p> </div>				1	2 Pilates 11:30am	3 STEAM Science Saturday: Coding 10:30
4	5 10:15 Naam Yoga/ Seated Meditation Kids Reading Dog 3:00 pm	6 Mindful Meditation 7pm	7 Storytime 10:30 NO YOGA English Conversation Class 6:00-7:30pm	8 Captain Underpants Book Party 4:00 pm	9 Pilates 11:30am	10
11	12 HOLIDAY- LIBRARY CLOSED	13	14 Storytime 10:30 YOGA – 12:30 PM Kids Seed Bomb 4:00pm English Conversation Class 6:00-7:30pm	15 Mystery Book Club 6:30pm <i>Murder on Bamboo Lane</i> By Naomi Hirahara	16 Pilates 11:30am	17 Peace Corps 10:30- 12:00pm Sound Healing 4:00- 5:00pm
18	19 10:15 Naam Yoga/ Seated Meditation 7:00 Pajama Storytime	20 Book Club 6:30 <i>My Struggle</i> By Karl Ove Knausgaard	21 Storytime 10:30 YOGA – 12:30 PM English Conversation Class 6:00-7:30pm	22 Medicare Workshop 6:00pm	23 Pilates 11:30am	24
25	26 10:15 Naam Yoga/ Seated Meditation Kids Reading Dog 3:00 pm	27	28 Storytime 10:30 YOGA – 12:30 PM Sugar Skulls 4:00pm 3rd grade and up English Conversation Class 6:00-7:30pm	29 LAOIC Computer Boot Camp for Low Income Families 12:00pm Magic Show 6:30 pm	30 Pilates 11:30am	31 Halloween Face Painting 3-5 pm

